Pressure Ulcer Prevention Program Orientation

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Welcome!

Thank you for joining this webinar. Today, we will get acquainted with the Agency for Healthcare Research and Quality’s *Preventing Pressure Ulcers in Hospitals: A Toolkit for Improving Quality of Care*.

We will also go through the activities and tools you’ll need to complete to prepare for your in-person training.

Please take out your toolkit. We will refer to it often during this webinar.
• I have a clinical background in geriatrics and have done extensive research on the quality of pressure ulcer care. I helped develop the AHRQ toolkit on pressure ulcer prevention.

• I am past president of the National Pressure Ulcer Advisory Panel. In addition, I have advised numerous health care organizations on pressure ulcers.
Today We Will Talk About

• Pressure ulcer prevention toolkit
• Preparing for your in-person training

Please make a note of your questions. Your Quality Improvement (QI) Specialists will follow up with you after this webinar to address them.
Pressure Ulcer Prevention Toolkit

• Purpose of the Pressure Ulcer Prevention Program.
• What is a toolkit?
• What is a tool?
• Focus and attributes of the toolkit.
• 6 sections of the toolkit.
Purpose of Pressure Ulcer Prevention Program

• Each year, 2.5 million patients develop a pressure ulcer in the hospital, and 60,000 of them die from complications.¹

• Pressure ulcer treatment costs as much as $11 billion per year.

• Centers for Medicare & Medicaid Services no longer reimburses extra costs associated with treating patients who acquire pressure ulcers while in the hospital.²

Sources provided on last slide.
Purpose of Pressure Ulcer Prevention Program

• Multi-component prevention programs reduce pressure ulcer rates.
  – Systematic reviews show that pressure ulcer prevention programs result in statistically and clinically significant reductions in pressure ulcer rates.
  – Such programs decrease pressure ulcer rates by 50% to 100%.
  – Other benefits include optimal patient care and avoiding the cost of treating stage 3-4 ulcers.¹

Sources provided on last slide.
What Is a Toolkit?

“A ‘toolkit’ is an action-oriented compilation of related information, resources, or tools that together can guide users to develop a plan or organize efforts to conform to evidence-based recommendations or meet evidence-based specific practice standards.”

What Is a Tool?

“A ‘tool’ is an instrument (e.g., survey, guidelines, or checklist) that helps users accomplish a specific task that contributes to meeting a specific evidence-based recommendation or practice standard.”

The focus of this toolkit is to help hospitals overcome the challenges associated with developing, implementing, and sustaining a Pressure Ulcer Prevention Program.
Focus of Toolkit

The goal of such a program is to reduce the incidence of pressure ulcers during a patient’s hospital stay.
Attributes of Toolkit

This toolkit is based on—

• Best practices in pressure ulcer prevention from a systematic review of the literature and expert opinion

• Current theories of organizational change

• Feedback from 6 hospitals that pilot tested the toolkit
Attributes of Toolkit

• Developed by a team with expertise in pressure ulcer prevention and organizational change from the Boston University School of Public Health

• Funded by the Agency for Healthcare Research and Quality (AHRQ), with additional support from the Department of Veterans Affairs
Attributes of Toolkit

• Can be adapted to local circumstances
• Covers all stages of organizational change
• Designed to be used online:
  – All the tools can be downloaded in Word from the AHRQ Web site.
• Provides guidance for a multidisciplinary change team
Section 1: Assessing Your Hospital’s Readiness for Change

This section helps you explore your hospital’s readiness to change its pressure ulcer prevention practices and identify any needed actions to improve its readiness.
Section 2: Managing Change

This section helps you manage change at the organizational level.

Begins on Page 19
Section 3: Choosing Pressure Ulcer Prevention Practices

This section helps you decide which pressure ulcer prevention practices to adopt at your hospital.

Begins on Page 35
Section 4: Implementing Program

This section describes how to implement a Pressure Ulcer Prevention Program at your hospital.
Section 5: Measuring Pressure Ulcer Rates and Prevention Practices

This section describes how to measure pressure ulcer rates and pressure ulcer prevention practices.
This section describes how to sustain your hospital’s Pressure Ulcer Prevention Program over the long term.
Preparing for Your In-Person Training

• Pre-training activities
• Pre-training tools
• Next steps
Your team needs to complete certain activities before the in-person training. You have already completed some of these activities. Others you will complete soon.

- You are in the process of forming an Implementation Team. That’s you!
- You identified your Implementation Team leader or co-leaders.
Pre-Training Activities

• Your team leader held an initial phone meeting with your QI Specialists to get acquainted.

• Your team leader scheduled your—
  – 1-day in-person training
  – Viewing of training webinars
  – Weekly phone meetings
Pre-Training Activities

• You are in the process of gathering your hospital’s—
  – Policy for the Prevention and Management of Pressure Ulcers
  – Adult Unit Pressure Ulcer Prevention Care Plan
  – Pressure Ulcer Prevention Policies and Procedures
Pre-Training Tools

Your team needs to complete certain tools before the in-person training. You have already completed some of these tools. Others you will complete soon.
Pre-Training Tools

Tool 1E  Resource Needs Assessment
Tool 2A  Multidisciplinary Team
Tool 2B  Quality Improvement Process
Tool 2C  Current Process Analysis
Tool 2D  Assessing Pressure Ulcer Policies
Tool 2E  Assessing Screening for Pressure Ulcer Risk
Tool 2F  Assessing Pressure Ulcer Care Planning
Tool 4C  Assessing Staff Education and Training

Turn to the Tools on Page 91
• Tool 1E helps you identify the resources you need to acquire in order to launch your pressure ulcer prevention initiative.

• The Implementation Team leader completes this tool, with input from hospital supervisors, managers, and administrators.

• This tool takes about 3-4 hours to complete.
Resource Needs Assessment (1E)

For each listed resource, you will assess—

• Whether you have all or part of the resource
• What you need if you don’t have the full resource
Multidisciplinary Team (2A)

• Tool 2A helps you ensure that all the needed disciplines are represented on the Implementation Team.

• The Implementation Team leader completes this tool.

• This tool takes about 2 hours to complete.
Multidisciplinary Team (2A)

List the names of possible team members from each department or discipline and their area of expertise.
Quality Improvement Process (2B)

• Tool 2B helps you assess your resources for quality improvement and how to link with your QI team.

• The Implementation Team leader completes this tool.

• This tool takes about 1 hour to complete.
Quality Improvement Process (2B)

• If your hospital has a fully operational QI team, connect your pressure ulcer prevention initiative with this team.

• If some processes are missing, advocate for them to be put into place in the context of your Pressure Ulcer Prevention Program.
Current Process Analysis (2C)

• Tool 2C helps you map your hospital’s current pressure ulcer prevention activities.
• This helps you prepare for QI.
• Desigee(s) from the nursing department usually complete this tool.
• This tool takes about 1 day to complete.
Current Process Analysis (2C)

• Identify and define each step in your current process for pressure ulcer prevention. Include such practices as—
  – Risk assessment
  – Care planning
  – Hourly rounding
  – Post-pressure ulcer assessment
For each practice, think about—

• When it happens
• Who does it
• What happens if a patient has a pressure ulcer or pressure ulcer risk factors
Current Process Analysis (2C)

• Also think about—
  – Staff roles
  – Tools or materials
    staff use
  – Flow of activities

• Consider starting with process analysis on one patient care unit
Assessing Pressure Ulcer Policies (2D)

• Tool 2D helps you determine if your hospital has written policies to prevent and manage pressure ulcers.
• You can use this tool to identify processes of care your hospital has in place and areas that need improvement.
• The Implementation Team leader completes this tool with input from relevant staff.
• This tool takes about 1 hour to complete.
Use your hospital’s written policies, procedures, and general practices to complete this tool.
Assessing Screening for Pressure Ulcer Risk (2E)

- Tool 2E helps you determine if your hospital has a process to screen patients for pressure ulcer risk.
- Use this tool to identify issues that you need to address and to formulate goals for your pressure ulcer program.

Turn to Tool 2E
The Implementation Team leader or designee completes this tool with input from appropriate staff.

This tool takes about 1 hour to complete.
Assessing Pressure Ulcer Care Planning (2F)

• Tool 2F helps you determine if your hospital has a process to develop and implement a pressure ulcer care plan for patients who have a pressure ulcer or risk factors.

• You can use this tool to identify issues that you need to address and to formulate goals for your pressure ulcer program.
• Usually a senior nurse manager or nurse expert completes this tool with input from appropriate staff.

• This tool takes about 2 hours to complete.
Assessing Staff Education and Training (4C)

• Tool 4C helps you assess current staff education practices.
• You can use this tool to identify gaps in training.
• The Implementation Team leader (or nurse educator designee) completes this tool.
• This tool takes about 1 hour to complete.
Next Steps

• Complete your pre-training activities and tools **no later than 1 week before the in-person training.**

• Ask your QI Specialists for assistance at any time.
Today We Talked About

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  – What is a toolkit?
  – What is a tool?
  – Focus and attributes of the toolkit.
  – 6 sections of the toolkit.

• Preparing for your in-person training—
  – Pre-training activities.
  – Pre-training tools.
  – Next steps.
Any Questions?

Thank you for being such great listeners. Please refer any questions you have to your QI Specialists.
Resources

Berlowitz D, VanDeusen C, Parker V, et al. Preventing pressure ulcers in hospitals: a toolkit for improving quality of care. (Prepared by Boston University School of Public Health under Contract No. HHSA 290200600012 TO #5 and Grant No.# RRP 09-112.) Rockville, MD: Agency for Healthcare Research and Quality; April 2011. AHRQ Publication No. 11-0053-EF.

References
